

# LUNCH MENU

## STARTERS & SNACKS

Warm Breads Honey Whipped Brie, Butter & Rosemary Salt (VE* V) 1,2,6,7,9,14	£6.50
Soup of The Day Homemade Guinness Wheaten (GF* V VE*) 1,2,6,7,14	£6.50
Moroccan Spiced Flatbread, Beetroot Hummus, Feta & Walnuts (V VE) 2,6,10,12,14	£9.00
Crispy Chicken Wings Hot Sauce & Blue Cheese Dip (GF) 1,4,6,7,9,12,13,14	£9.50
BBQ Pork Belly Bites, Toasted Sesame Seeds & Spiced Mayo (GF*) 1,6,7,9,12,13,14	£9.50
Breaded Fishcake Poached Egg, Wholegrain Mustard Mayo 1,2,3,4,5,6,7,8,9,13,14	£10.00

## MAINS

Smoked Pancetta Caesar Salad (GF*) 2,4,6,7,9	(Add Chicken £4.00)	£10.00
Sourdough Croutons, Aged Parmesan		
Summer Vegetable Salad (GF) 7,10,12,14		£14.00
Heirloom Tomato, Pickled Vegetables, Feta cheese, Candied Walnut, Pomegranate Seeds		
Chargrilled Chicken Club Sandwich 2,4,6,14		£14.00
Ciabatta Bread, Crispy Bacon, Lettuce & Tomato, Garlic Mayo, Skinny Fries		
Prawn Open Sandwich 2,3,4,7,13,14		£14.00
Marie Rose Sauce, Avocado, Gem Lettuce, Tomato Salsa		
Gilmore Roast of the Day (GF*) 1,2,6,7,14		£15.00
Creamy Mashed Potato, Seasonal Vegetables, Roast Potato, Gravy		
Honey Chilli Chicken Strips (GF) 1,3,7,13,14		£15.00
Glazed With Honey & Chilli Sauce, Toasted Sesame Seeds, Skinny Fries		
Beer Battered Fish & Chips 1,2,4,5,6,14	(Half)	£14.00
Tartar Sauce, Mushy Peas	(Full)	£19.00
Tomato & Roasted Red Pepper Penne Pasta (V*VE*) 1,2,6,7,9		£16.00
Chorizo & Parmesan Crumb, Fresh Basil, Garlic Ciabatta Bread		
Tofu Red Thai Curry (VE* V*) 1,2,6,9,10,12,13,14		£16.00
Flatbread & Cashew Nuts		
Carnbrooke Meats Prime Irish 4oz Beef Burger (GF*) 1,2,4,6,7,9,13,14		£15.00
Cheddar Cheese, Ballymaloe Red Pepper Relish, Brioche Bun, Skinny Fries		
Carnbrooke Meats 6oz Sirloin Steak Sandwich 1,2,6,7,14		£22.00
Toasted Ciabatta, Roasted Garlic Mushrooms, Beer Battered Onion Rings, Peppered Sauce, Skinny Fries		
Carnbrooke Meats 12oz Sirloin Steak (GF*) 1,2,6,7,14		£34.00
Roast Wild Mushrooms, Beer Battered Onion Rings, Chunky Chips, Creamy Pepper Sauce		

## SIDES

Beer Battered Onion Rings 2	£4.50	Parmesan & Truffle Fries 7	£5.00
Seasonal Vegetables	£4.50	Sweet Potato Fries	£5.00
Chunky Chips	£4.50	Champ 7	£5.00
Skinny Fries	£4.50	Peppered Sauce 7	£2.00
Mash 7	£4.50	Garlic Mayonnaise 4	£1.50

**"ALL MENUS ARE SUBJECT TO CHANGE"**

1- Celery	5- Fish	9- Mustard	12- Sesame seeds
2- Gluten	6- Lupin	10- Nuts	13- Soya
3- Crustacean	7- Dairy	11- Peanuts	14- Sulphites
4- Eggs	8- Molluscs		

V= Suitable For Vegetarians  
 VE = Suitable For Vegan  
 G = Gluten Free  
 \* = Available On Request

**MILLBROOK  
 LODGE** est.1978  
 of BALLYNAHINCH

